

Candidate Information Bulletin



STATE OF UTAH

Therapeutic Recreation Technician

Examinations

- Utah Recreational Therapy Theory Examination for TRT
- Utah Law and Rules Examination

Registering for the Examination

Candidates for licensure must pass both the Utah Recreational Therapy Theory Examination for TRT and the Utah Law and Rules Examination.

Examinations are administered five days a week (Mon.-Fri.) at Exterior located at 5486 South 1900 West, Suite C, Taylorsville, UT 84118, and once per month in St. George, Utah. Register for the examination either:

1. **By mail.** Complete the enclosed Examination Application and return it by mail with your examination fee(s) to Exterior. You will be scheduled for an appointment at the first available time approximately one week after your application is received. Exterior will mail you an Admission Letter providing you with the exact date and time.
2. **By telephone.** You can schedule your appointment by calling Exterior at 801.355.5009, between 8:30 a.m. and 4:30 p.m., Monday through Friday, and paying for your examination using a major credit card (MasterCard or Visa).

Payment must be made in advance. You may reschedule your examination for a \$10.00 rescheduling fee up to the time of your appointment. If you fail to appear for your appointment, your examination fee will be forfeited and you must reapply for the examination. No exceptions. **All examination fees are nonrefundable and nontransferable.**

Licensure Process

Upon completion of all licensure requirements including passing the examination, submit a complete application for licensure to:

By US Mail

Division of Occupational and Professional Licensing

P.O. Box 146741

Salt Lake City, UT 84114-6741

By Delivery or Express Mail

Division of Occupational and Professional Licensing

160 East 300 South, 1st floor

Salt Lake City, UT 84111

Applications for licensure are available on the Internet at:

<http://www.dopl.utah.gov>

You may also obtain them from:

Exterior

5486 South 1900 West, Suite C

Taylorsville, UT 84118

801.355.5009

Computerized Testing

Examinations are administered using Exterior's user friendly, windows-based, computerized testing system. Exterior uses IBM compatible personal computers, similar to what you may have at home or in your business. You do not need any computer experience to use this system. In fact, you will only need to use five keys on the keyboard to take the test. (The other keys are disabled—there is no way you can harm the computer, the program, or the test by touching the wrong key.)

Prior to beginning your examination you can take a practice examination to become familiar with the computer testing system. A staff member will be available to help you if you need further assistance.

You will receive your score at the conclusion of the examination.

Walk-In Testing

Candidates may "walk in" and test on a space-available basis for an additional \$10.00 fee. No reservation is required. The examination fee plus the walk-in fee must be paid before taking the examination.



Examination Fees

The fee for the Utah Recreational Therapy Theory Examination for TRT is **\$65.00**. The fee for the Utah Law and Rules Examination is **\$55.00**. Fees include same-day score.

Fees are nontransferable and nonrefundable.

Candidates with Special Needs

If you require a special testing accommodation under the Americans with Disabilities Act (ADA), please contact Experior to obtain an Accommodation Request Form. You will be required to submit written verification of your disability before scheduling your examination.

Out of State Candidates

If you are out of state, you may arrange with Experior to take the examination at any recognized testing center such as a university or community college. You must make the arrangements with the testing center and then send Experior the required information along with the fee which includes an additional \$50.00 out-of-state testing fee. Please include the following:

1. Candidate name, address and phone number
2. Name of Exam
3. Testing Center name, address, phone number and the name of the contact person
4. Test Fees: examination fee (including additional \$50.00 testing fee).

Candidates are responsible to pay the testing center any required fee.

Experior will mail the examination in a sealed envelope to the contact person at the testing center with instructions for administration. Experior will ship examinations to the testing centers within one week after requests have been received. Candidates are responsible to check with the testing center to make sure the exam has arrived by the testing date.

Candidates will have a two-week period to take the test once the examination has been shipped to the testing center.

After the examination, the testing center will then mail the examination back to Experior for scoring and the scores will be mailed to candidates within one week. Candidates are responsible for reporting their scores to the state.

Note: All out-of-state candidates will take paper/pencil examinations.

What to Bring to the Exam Site

- Photographic identification (driver's license)
- Admission Letter

Description of the Exam

Utah Recreational Therapy Theory Examination for TRT

The examination is a closed-book examination that consists of 100 multiple-choice questions and lasts three hours. You must answer 70 percent of the questions correctly to pass the examination. Content areas are as follows:

Content Area	No. of Questions	%
1. Ethics	8	8%
2. Theories and Concepts of RT	12	12%
3. Characteristics of Illness and Disability and Their Effects on Leisure	12	12%
4. Medical and Psychiatric		11%
a. Terminology		
b. Medical	4	
c. Psychiatric	2	
d. Pharmacology	1	
e. Abbreviations	2	
f. Therapeutic Recreation	2	
5. Client Assessment Procedures		12%
a. Client	8	
b. Facility	2	
c. Staffing	1	
d. Budget	1	
6. Conceptualization and Planning of Therapeutic Recreation Programming	15	15%
7. Records and Documentation	15	15%
8. Role and Function of Other Health and Human Service Professionals		7%
a. Agencies	2	
b. Medical Specialists	1	
c. Allied Health Professionals	4	
9. Health and Safety		8%
a. Contraindications	4	
b. Aggression	3	
c. Mechanical Aids	1	

Description of the Exam

Utah Law and Rules Examination

The Utah Law and Rules Examination is a closed-book examination that consists of 48 multiple-choice questions. You will have two hours to complete this examination. A minimum of 75 percent of the examination questions must be answered correctly to pass the examination.

Law Exam References

A Study Guide (consisting of two booklets) has been prepared to assist you in preparing for the Law examination. This Study Guide includes every question that could be included on the actual examination along with the answers, a content outline listing the sources from which the examination was developed, and relevant sources (i.e., state statutes, rules, etc.). The cost of the Study Guide is \$20.00 (plus shipping/handling and tax). You may order this Study Guide by calling Experior or by completing and submitting the enclosed Order Form.

References

The following is a list of suggested references. The examination is not limited to these references. We try to keep the reference list current; however, you may have to substitute other references covering the same subjects for books that are out of print. Questions on handling patient aggression are based on current standards of practice.

1. *Therapeutic Recreation Program Design: Principles and Procedures*, 1984, 2nd ed., Peterson and Gunn, Prentice Hall. ISBN 0139148396, 800.223.1360

2. *Therapeutic Recreation: Process & Techniques*, 1991, 2nd ed., David R. Austin, Sagamore Publishing, Inc.
3. *Therapeutic Recreation: A Practical Approach*, 2nd ed., 1995, Carter, Van Andel, Robb: Waveland Press Inc., P. O. 400, Prospects Heights, IL 60070, 708.634.0081
4. *Code of Ethics*, Utah Recreational Therapy Association, P. O. Box 521023, Salt Lake City, UT 84152
5. *Code of Ethics*, NTRS, 1601 North Kent Street, Arlington, VA 22209
6. *Resident's Rights*, Form 3126R, Revised 2/92, Briggs, Des Moines, IA 50306, 800.247.2343

A study guide including a list of critical job tasks is available from Experior for **\$7.50** (includes tax).

Copyrighted Exam Questions

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**APPLICATION FOR ADMISSION
TO
EXAMINATION**

Examination: Therapeutic Recreation Technician
Fee: Utah Recreational Therapy Theory Examination for TRT \$65.00
Utah Law and Rules Examination \$55.00

Name: _____

— First Middle Last

Street Address: _____

City: _____ State: _____ ZIP: _____

Daytime Telephone: _____ Home Telephone: _____

Social Security No.: _____ - _____ - _____

Method of Payment: (Check One) Examination fees are nonrefundable and nontransferable.

_____ Visa _____ MasterCard _____ Check _____ Money Order

Card #: _____ Exp. Date _____

Signature: _____ Date _____

(Required for Credit Card payment)

Submit completed application and fees to:

Experior
5486 South 1900 West, Suite C
Taylorsville, UT 84118
801.355.5009
Fax: 801.355.4008 (credit card orders only)

Refer to Law and Rules for eligibility requirements.